

Website: angelamcnally.com Twitter: @angelamcnally

Instagram: @angelamcnally Facebook: angelamcnally

Bio

Angela McNally is a Toronto based Food and Lifestyle Content Creator. She loves creating healthy recipes, travelling, home renovations and sharing wellness tips and tricks on her website.



She is a Registered Holistic Nutritionist, Certified Meditation Coach, Lifestyle & Wellness Expert and has worked with hundreds of women as a Business & Lifestyle Coach.

Angela lives with the auto-immune disease Hashimoto's and is known for her body positive messages, educating her readers on living a healthy, gluten free lifestyle. She practices balance in everything that she does, encouraging her followers to do the same.

Angela is honest and engaging- there is nothing that is off limits when it comes to sharing genuine messages and notes of support. Her storytelling blogs are where she is known to show her vulnerable side, connecting with her followers and readers on a deeper level hoping to create conversations around difficult

Appearances and Content

Angela shines on camera and during personal appearances or hosting events. Additional support and coverage is available on angelamcnally.com as well as Angela's social media channels leading up to, during and to recap events.

Professionally photographed images and text, designed to meet the needs of her clients while staying true to her aesthetic and authentic voice shows followers how certain products work seamlessly into her life.

Her services include but are not limited to:

Spokesperson & Brand Ambassador Work * Branded TV and Radio Segments * Live Cooking Demoes * On Stage Food Event Hosting * Sponsored Travel, Events & Brand Promo * Branded Editorial Content & Freelance Writing * Recipe Development * Influencer Event Hosting



Past Collaborations

* Larabar * Hain Celestial * Neo Strata * Shopper's Drug Mart * Flirty Girl Fitness * Chapters Indigo * Progressive * Annie's Organic * Yves Veggie Cuisine * Terra Chips

As Seen and Heard on...

Angela is no stranger to the camera or microphone.

She has also published articles for numerous magazines. • Slice • CTV • ET Canada • The Todd Shapiro Show • Indie88 • Muscle and Fitness hers



For more information or to book Angela McNally please contact Jordie McTavish at jordie@plutinogroup.com or 416-358-6848 PLUTINOCULINARY